

PALEO & GLUTEN FREE

Here are some items that we suggest. We will try to accommodate special requests

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| #1 Paleo Breakfast Plate | 8.29 |
| Two eggs served with a side of bacon, grilled tomatoes, and a side of sauteed baby spinach | |
| #2 Paleo Grilled Chicken Breast & Eggs | 9.99 |
| Two eggs, - any style - served with a boneless chicken breast, a side of sauteed mushroom & zucchini with grilled tomatoes | |
| #2.5 Paleo #2 above with 6oz Sirloin Steak | 12.99 |
| instead of Chicken | |
| #3 Spinach, Mushroom & Sundried Tomato Omelet | 8.99 |
| Made with three farm eggs & served with a fresh fruit salad
Option: Add in Swiss Cheese (gluten free, not paleo) for .99c | |
| #4 Sirloin Burger Salad | 9.99 |
| Our garden salad topped with a flame broiled sirloin burger
Option: Add in cheese (gluten free, not paleo) for .99c | |
| #5 Paleo Chicken Platter | 10.99 |
| Grilled boneless breast on a bed of romaine topped with sauteed mushrooms. Served with a side of sauteed baby spinach & grilled tomatoes | |
| #6 Tuna Platter | 9.99 |
| Solid white albacore tuna(dry) served over a bed of salad greens with two sliced hardboiled eggs, tomatoes, green peppers, cucumber slices & carrots | |

FOR OUR GLUTEN FREE KIDS

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| Gluten Free Kids Breakfast Plate | 4.99 |
| One egg - any style - served with a side of bacon & fresh sliced melon | |
| Gluten Free Kids Burger Plate | 4.99 |
| A kid's size hamburger (no bread) served with steamed broccoli & a side of apple sauce | |
| Gluten Free Kids Hot Dog Plate | 4.99 |
| A kid's size hot dog (no bread) with a side of corn & a side of apple sauce | |

Consuming raw or uncooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions